

October 2025

Highlights for October

24th End 1st Quarter

31st No School

28th Early Out

Parent Teacher Conf.

30th Early Out

8th & 22nd-Early Out

MON	TUE	WED	THU	FRI	SAT	SUN
		1	2	3	Menus are subject to change without notice	This institution is an equal opportunity provider.
		<u>Breakfast</u> Donut <u>Lunch</u> Chicken Over Biscuit, Green Beans, Pudding, Fruit, Milk	<u>Breakfast</u> Omelet <u>Lunch</u> Flying Saucer, Salad, Dressing, Mixed Fruit, Milk	<u>Breakfast</u> Breakfast Pizza <u>Lunch</u> Baked Potato Bar, Roasted Broccoli, Fruit, Milk		
6	7	8	9	10	Salad bar is offered at the HS/MS daily	Milk is served with every meal. Fruit/Veg is served with breakfast daily
<u>Breakfast</u> Coffee Cake <u>Lunch</u> Cheesy Garlic Bread, Marinara Sauce, Green Beans, Apple Sauce, Milk	<u>Breakfast</u> French Toast Sticks <u>Lunch</u> Chicken Crispito, Salsa, Sour Cream, Corn, Peaches, Milk	<u>Breakfast</u> Breakfast Hashbrown <u>Lunch</u> Boneless Chicken Bites, Peas, Banana, Milk	<u>Breakfast</u> 3 Cheese Egg Bite <u>Lunch</u> Popcorn Shrimp, Cocktail Sauce, Roasted Broccoli, Fruit Cocktail, Milk	<u>Breakfast</u> Sausage Gravy, Biscuit <u>Lunch</u> Cheeseburger, WG Bun, Seasoned Potato Cubes, Apple Slices, Milk		
13	14	15	16	17		
<u>Breakfast</u> Muffin <u>Lunch</u> Sloppy Joe/WG Bun French Fries, Side Salad, Pears, Milk	<u>Breakfast</u> Pancake Wrap <u>Lunch</u> Sliced Turkey, Whipped Potatoes, Gravy, Corn, Mandarin Oranges, Milk	<u>Breakfast</u> Donut <u>Lunch</u> Breaded Chicken Wrap, Garlic Bread, Baby Carrots, Pineapple, Milk	<u>Breakfast</u> Omelet <u>Lunch</u> Brunch Lunch, Biscuit and Gravy, Hashbrown Patty, Fruit, Juice, Milk	<u>Breakfast</u> Breakfast Pizza <u>Lunch</u> Classic Burger, Cheese Slice, WG Chips, Green Beans, Peaches Milk		
20	21	22	23	24		
<u>Breakfast</u> Long John <u>Lunch</u> Breaded Chicken Patty, WG Bun, Romain Salad, Jell-o Apple Sauce, Milk	<u>Breakfast</u> French Toast Sticks <u>Lunch</u> Quesadilla, Salsa, Sour Cream, Carrots, Fruit Cup, Milk	<u>Breakfast</u> Breakfast Hashbrown <u>Lunch</u> Mac & Cheese W/Smokies Green Beans, Pears, Milk	<u>Breakfast</u> Donut <u>Lunch</u> Cheese Omelet, Frosted Cinnamon Roll, Potato Smiles, Pineapple, Milk	<u>Breakfast</u> Biscuit W/Sausage and cheese <u>Lunch</u> Meatballs, Whipped Potatoes, WG Roll, Peaches, Milk		
27	28	29	30	31		
<u>Breakfast</u> Twist <u>Lunch</u> Cheese Pizza, Roasted Broccoli, Fruit, Milk	<u>Breakfast</u> Pancake Wrap <u>Lunch</u> Bean & Cheese Burrito, Salsa, Sour Cream, Carrots, Fruit, Milk	<u>Breakfast</u> Donut <u>Lunch</u> Chicken Drumstick, WG Dinner Roll, Green Beans, Mandarin Oranges, Milk	<u>Breakfast</u> Omelet <u>Lunch</u> State Fair Corndog, French Fries, Romain Salad, Sliced Apples, Milk	NO SCHOOL		

SCHOOL NUTRITION PROGRAM NOTICES OF NONDISCRIMINATION

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1. Mail: U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410
2. Fax: 202-690-7442
3. Email: program.intake@usda.gov

This institution is an equal opportunity provider.

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6200 Park Avenue, Suite 100, Des Moines, IA 50321-1270; phone number 515-281-4121 or 800-457-4416; website: <https://icrc.iowa.gov/>.