

# WEST HANCOCK COMMUNITY SCHOOL    October 2023

<b>Sun</b>	<b>Mon</b>	<b>Tue</b>	<b>Wed</b>	<b>Thu</b>	<b>Fri</b>	<b>Sat</b>						
1	<b><u>CHERRY STRUDEL</u></b> Ham & Cheese / WG Bun Tri Tater Broccoli Florets Tropical Fruit  MILK	2	<b><u>BRKFT. SANDWICH</u></b> French Bread Pizza Romaine Salad Dressings Applesauce Jell-O MILK	3	<b><u>LONG JOHN</u></b> Scalloped Potatoes & Ham Greens Beans Mixed Fruit WG Dinner Roll / butter  MILK	4	<b><u>CEREAL BAR</u></b> Walking Taco Refried Beans , Salsa Mandarin Oranges Sr. Cream 5-12 WG Cookie MILK	5	<b><u>SNACK BREAD</u></b> Meat Loaf Whip Potatoes/ Gravy Baby Carrots Pineapple Tidbits  MILK	6		7
8	<b><u>COFFEE CAKE</u></b> Maid Rite / WG BUN FF Green Beans Diced Pears  MILK	9	<b><u>BIS. AND GRAVY</u></b> Chicken Crispito WG Tortilla Chips Refried Beans Diced Peaches Salsa MILK	10	<b><u>LONG JOHN</u></b> Hamburger Patty/ WG Bun Cheese Slice Tater Tots Mixed Fruit  MILK	11	<b><u>COMBO BAR</u></b> Chicken Fajita Crisp Baby Carrots Applesauce Salsa Sr Cream 5-12 MILK	12	<b><u>DONUT HOLES</u></b> Turkey & Cheese Sub Romaine Salad Dressings Seasoned Corn Orange Wedges MILK	13		14
15	<b><u>STRUDEL</u></b> Hot Dog / WG BUN Chili & Cheese 5-12 WG Chips Crisp Baby Carrots Applesauce MILK	16	<b><u>BRKFT. SANDW.</u></b> Swt. & Sour Chicken Rice Pilaf Seasoned Corn Pineapple tidbits Din Roll & butter MILK	17	<b><u>LONG JOHN</u></b> Chicken & Gravy Whip Potatoes Green Beans Tropical Fruit Dinner Roll / butter MILK	18	<b><u>CEREAL BAR</u></b> Grilled Chicken / WG Bun Wedges Garden Peas Diced Pears  MILK	19	<b><u>SNACK BREAD</u></b> Pepperoni Pizza Romaine Salad Dressings String Cheese Mandarin Oranges MILK	20		21
22	<b><u>COFFEE CAKE</u></b> BBQ Pork / WG Bun FF Oven Baked Beans Fresh Apple  MILK	23	<b><u>BIS. &amp; GRAVY</u></b> Turkey Bacon Ranch Roll WG Heartzels Crisp Baby Carrots Pineapple Tidbits  MILK	24	<b><u>LONG JOHN</u></b> Tater Tot casserole Garden Peas Pears Dinner Roll K-12  MILK	25	<b><u>COMBO BAR</u></b> Crispy Chicken Sandwich Romaine Salad Dressing Seasoned Corn Diced Peaches MILK	26	<b><u>DONUT HOLES</u></b> Mac & Cheese Lil Smokies 5-12 Green Beans Mandarin Oranges WG Bread Slice MILK	27		28
29	<b><u>STRUDEL</u></b> Pig in a Blanket Potatoes Wedges Broccoli Florets Orange Wedges  MILK	30	<b><u>BRKFT. SANDW</u></b> Chicken Tenders Rice Pilaf Garden Peas Diced Pears  MILK	31								
	<b><u>MENUS ARE SUBJECT TO CHANGE WITHOUT NOTICE.....</u></b>								This institution is an equal opportunity employer.			

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U.S. Department of Agriculture

Office of the Assistant Secretary for Civil Rights

1400 Independence Avenue, SW

Washington, D.C. 20250-9410; or

fax:

(833) 256-1665 or (202) 690-7442; or

email:

[program.intake@usda.gov](mailto:program.intake@usda.gov)

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Revised March 21, 2016