

August

2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17		19	20	21
22	Classes for H.S. 23 <u>FRENCH TOAST STICKS</u> Roast Beef & Biscuits Jell-O, Pears, Gr Beans, Milk	Classes for K-12 24 <u>MUFFIN</u> Swt. & Sr. Chicken Din Roll, Rice Pineapple, MILK	25 <u>SAUSAGE BISCUIT</u> Soft Shell Taco Ref. Beans, Applesauce, Carrots Milk	26 <u>FROSTED LONG JOHN</u> Pepperoni Pizza Salad, Corn & Peaches Milk	27 <u>BREAKFAST PIZZA</u> Ck. Tenders, Potatoes Peas, Mandarin Oranges Milk	28
29	30 <u>PANCAKE ON A STICK</u> Crispy Chicken Sandwich Baked Beans, Peas, Oranges, Milk	31 <u>COFFEE CAKE</u> Scalloped Potatoes & Ham Green Beans, Peaches, Roll Milk	<u>CHICKEN BISCUIT</u> Lasagna Roll Brd. Stick, Salad, Applesauce Milk	<u>FROSTED FRUDEL</u> Burrito WG Chips, Corn, Pears Milk	<u>BREAKFAST PIZZA</u> Deli Melt Tri Tater, Carrots, Mixed Fruit Milk	
Menus are subject to change without notice.						This institution is an equal opportunity provider.

September

2021

Monday						
Tuesday						
			1 <u>CHICKEN BISCUIT</u> Lasagna Roll Bread Stick, Salad, Applesauce Milk	2 <u>FROSTED FRUDEL</u> Burrito WG Chips, Corn, Pears Milk	3 <u>BREAKFAST PIZZA</u> Deli Melt Tri Tater, Carrots, Mixed Fruit Milk	4
5	6 Labor Day	7 <u>MUFFIN</u> (K-4) Cheese Pizza (5-12) Beef Pizza, Salad, Corn, Mix Fruit Milk	8 <u>SAUSAGE BISCUIT</u> Chicken-n-Gravy Potato, Green Beans Peaches, Din Roll Milk	9 <u>FROSTED LONG JOHN</u> Sloppy Joe, WG Bun FF, Peas, Pineapple Milk	10 <u>BREAKFAST PIZZA</u> Toasted Cheese Chili (5-12) Frito Chips, Carrots, Pears Milk	11
12	13 <u>PANCAKE WRAP</u> Philly Chicken, WG Bun Salad, Corn Mixed Fruit Milk	14 <u>COFFEE CAKE</u> Corn Dog Tri Tater, Gr Beans, Pineapple, Milk	15 <u>CHICKEN BISCUIT</u> Elegant Chicken Rice, Peas, Rosy Applesauce Milk	16 <u>FROSTED FRUDEL</u> Crispito, WG Chips Refried Beans, Mandarin Oranges Milk	17 <u>BREAKFAST PIZZA</u> Hamburger, WG Bun Cheese, FF, Carrots, Pears Milk	18
19	20 <u>FRENCH TOAST STICKS</u> Hot Ham, WG Bun Cheese, Baked Beans, Tri Tater, Applesauce Milk	21 <u>MUFFIN</u> Tater Tot Casserole Carrots, Mixed Fruit, Roll Milk	22 <u>SAUSAGE BISCUIT</u> Chicken Alfredo Bread Stick, Peas, Pears Milk	23 <u>FROSTED LONG JOHN</u> Sausage Pizza Salad, Gr Beans, Pineapple Milk	24 <u>Breakfast Pizza</u> Salisbury Steak, Potatoe, Beef Gravy, Corn, Peaches Milk	25
26	27 <u>PANCAKE WRAP</u> Meatball Sub, WG Bun Tri Tater, Gr Beans, Pears Milk	28 <u>COFFEE CAKE</u> Swt & Sr Chicken Din Roll, Rice, Pineapple Milk	29 <u>CHICKEN BISCUIT</u> Soft Shell Taco Refried Beans, Carrots, Applesauce Milk	30 <u>FROSTED FRUDEL</u> Pepperoni Pizza Salad, Corn, Peaches Milk	<u>BREAKFAST PIZZA</u> Chicken Tenders Potatoe, Peas, Mandarin Oranges Milk	
Menus are subject to change without notice.			Breakfast: Main Entrée or choice of Cereal. Juice, Fruit & Milk.			This institution is an equal opportunity provider.



USDA Nondiscrimination Statement Information

The Iowa Department of Education expects all informational materials (web sites, meal eligibility applications, letters of notification and elsewhere as applicable) used to inform the public about FNS programs to contain the full USDA nondiscrimination statement. At the minimum, the statement, or a link to it, must be included on the home page of the program information, it is not required to be on every page. The font size of the statement must be at a minimum eleven with the format as below.

USDA Nondiscrimination Statement

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA.

Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English.

To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, (AD-3027) found online at: http://www.ascr.usda.gov/complaint_filing_cust.html, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by:

- (1) mail: U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410;
- (2) fax: (202) 690-7442; or
- (3) email: program.intake@usda.gov.

If space is limited, such as on menus, the following statement may be used in lieu of the full statement but must be the same size as the message.

"This institution is an equal opportunity provider."

Iowa Nondiscrimination Statement Information

The following statement needs to be included on web sites, meal eligibility applications, and letters of notification.

Iowa Nondiscrimination Statement

"It is the policy of this CNP provider not to discriminate on the basis of race, creed, color, sex, sexual orientation, gender identity, national origin, disability, age, or religion in its programs, activities, or employment practices as required by the Iowa Code section 216.6, 216.7, and 216.9. If you have questions or grievances related to compliance with this policy by this CNP Provider, please contact the Iowa Civil Rights Commission, Grimes State Office building, 400 E. 14th St. Des Moines, IA 50319-1004; phone number 515-281-4121, 800-457-4416; website: <https://icrc.iowa.gov/>."