

West Hancock Community School

February Menu

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 <u>BREAKFAST PIZZA</u> K-4 Pepperoni Pizza 5-12 School Made Pizza Romaine Salad Pudding Pineapple Tidbits	2 <u>ASSORTED POP TARTS</u> Chicken & Biscuits Baby Carrots Jell-O Applesauce	3 <u>LONG JOHN</u> Deli Melt WG Chips Seasoned Corn Orange Wedges	4 <u>OMELETE & SAUSAGE</u> Parmesan Chicken Casserole Peas, Peaches Dinner Roll / PC Oleo	5 <u>FR. TOAST STICKS</u> Breaded Chicken Patty WG Bun Tri Tater Baked Beans Mandarin Oranges	6
7	8 <u>BREAKFAST PIZZA</u> Lasagna Rolls Romaine Salad Garlic Bread Stick Peaches	9 <u>ASSORT. CEARL BARS</u> Soft Shell Tacos Refried Beans Baby Carrots Diced Pears	10 <u>FROSTED FRUDAL</u> Chicken Strips Whipped Potatoes Green Beans Mixed Fruit	11 <u>BREAKFAST SANDW.</u> Swt. & Sr. Popcorn Chicken Garden Rice, Corn Mandarin Oranges	12 <u>COMBO BAR</u> Corn Dog Tri Tater Seasoned Peas Pineapple Tidbits	13
14	15 <u>BREAKFAST PIZZA</u> Cheddarwurst /WG Bun Baked Beans Romaine Salad Applesauce	16 <u>ASSORTED POP TARTS</u> Chicken Fajita Tortilla Chips Seasoned Corn Mixed Fruit	17 <u>LONG JOHN</u> Grilled Chicken / WG Bun Tri Tater Green Beans Diced Pears	18 <u>OMELETE & SAUSAGE</u> Flying Saucer Garden Peas Dinner Roll / PC Oleo Pineapple Tidbits	19 <u>FR. TOAST STICKS</u> Pizza Crunchers Marinara Sauce Baby Carrots Jell-O Peaches	20
21	22 <u>BREAKFAST PIZZA</u> Scalloped Potatoes & Ham Romaine Salad Dinner Roll / PC Oleo Mixed Fruit	23 <u>ASSORT. CEREAL BARS</u> Hamburger / WG Bun Harvest Cheddar Chips Baked Beans Peas Diced Pears	24 <u>FROSTED FRUDAL</u> Chicken & Rice Green Beans Dinner Roll / PC Oleo Peaches	25 <u>BREAKFAST SANDW.</u> Hot Ham & Cheese WG Bun Tri Tater Baby Carrots Rosy Applesauce	26 <u>COMBO BAR</u> Roast Beef over warn biscuits Seasoned Corn WG Cookie Mandarin Oranges	27
28 <u>MENUS MAY CHANGE WITHOUT NOTICE</u>			<u>THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER</u>		<u>CHOICE OF MILK WITH EVERY MEAL</u>	



USDA Nondiscrimination Statement Information

The Iowa Department of Education expects all informational materials (web sites, meal eligibility applications, letters of notification and elsewhere as applicable) used to inform the public about FNS programs to contain the full USDA nondiscrimination statement. At the minimum, the statement, or a link to it, must be included on the home page of the program information, it is not required to be on every page. The font size of the statement must be at a minimum eleven with the format as below.

USDA Nondiscrimination Statement

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA.

Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English.

To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, (AD-3027) found online at: http://www.ascr.usda.gov/complaint_filing_cust.html, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by:

- (1) mail: U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410;
- (2) fax: (202) 690-7442; or
- (3) email: program.intake@usda.gov.

If space is limited, such as on menus, the following statement may be used in lieu of the full statement but must be the same size as the message.

"This institution is an equal opportunity provider."

Iowa Nondiscrimination Statement Information

The following statement needs to be included on web sites, meal eligibility applications, and letters of notification.

Iowa Nondiscrimination Statement

"It is the policy of this CNP provider not to discriminate on the basis of race, creed, color, sex, sexual orientation, gender identity, national origin, disability, age, or religion in its programs, activities, or employment practices as required by the Iowa Code section 216.6, 216.7, and 216.9. If you have questions or grievances related to compliance with this policy by this CNP Provider, please contact the Iowa Civil Rights Commission, Grimes State Office building, 400 E. 14th St. Des Moines, IA 50319-1004; phone number 515-281-4121, 800-457-4416; website: <https://icrc.iowa.gov/>."