

West Hancock Community School

January 2021

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	<u>BRKFT. PIZZA</u> 4 Popcorn Chicken Garden Rice Fruit Snack Apple Slices MILK	<u>POP TART</u> 5 Gilardi Pizza Corn Emerald Pears WG Corn Chips/ cheese MILK	<u>LONG JOHN</u> 6 Scallop Potatoes/ Ham Green Beans Mixed Fruit Din Roll MILK	<u>OMELET-SAUSAGE</u> 7 State Fair Corn Dog WG Harvest chips Pineapple Tidbits Baked Beans MILK	<u>FR. TOAST STICKS</u> 8 Pizza Crunchers Tri Tater Garden Peas Peaches MILK	9
10	11 NO SCHOOL Staff Inservice	<u>CEREAL BAR</u> 12 Soft Shell Taco Refried Beans Corn, Mixed Fruit Salsa / Sr. Cream MILK	<u>FRUDAL</u> 13 Hot Ham & Cheese Tri Tater Green Beans Pineapple Tidbits MILK	<u>BRKFT. SANDW.</u> 14 Pig in a Blanket Oven Baked Beans Crisp Baby Carrots Rosy Applesauce MILK	<u>COMBO BAR</u> 15 Turkey & Gravy over Whip Potatoes Garden Peas, Jell-O Mandarin Oranges MILK	16
17	<u>BRKFT. PIZZA</u> 18 K-4 Gilarda Pizza 5-12 School Pizza Romaine Salad Pineapple Tidbits Pudding, MILK	<u>POP TARTS</u> 19 Chicken Wrap Hash Brown Green Beans Peaches MILK	<u>LONG JOHN</u> 20 Lasagna Rolls Bread StICK Seasoned Corn Applesauce MILK	<u>OMELET-SAU</u> 21 Baked Drumstick Whip Potatoes/ gravy Garden Peas Mixed Fruit MILK	<u>FR. TOAST STICK</u> 22 Hamburger / WG Bun Cheese Slice Baked Beans Crisp Baby Carrots Peas MILK	
24	<u>BRKFT. PIZZA</u> 25 Super Nachos Refried Beans Romaine Salad Peaches MILK	<u>CEREAL BAR</u> 26 Cheddarwurst/ Bun French Fries Green Beans Applesauce MILK	<u>FRUDAL</u> 27 Flying Saucer Seasoned Corn Breadstick Pineapple MILK	<u>BRKFT. SANDW.</u> 28 Tater Tot Casserole Crisp Baby Carrots Diced Pears WG Cookie MILK	<u>FR. TOAST STICK</u> 29 Chicken Tenders Garden Rice Garden Peas Mixed Fruit MILK	30
31	<u>MENUS ARE SUBJECT TO CHANGE WITHOUT NOTICE!</u>					<u>This institution is an equal opportunity provider.</u>



USDA Nondiscrimination Statement Information

The Iowa Department of Education expects all Informational materials (web sites, meal eligibility applications, letters of notification and elsewhere as applicable) used to inform the public about FNS programs to contain the full USDA nondiscrimination statement. At the minimum, the statement, or a link to it, must be included on the home page of the program information, it is not required to be on every page. The font size of the statement must be at a minimum eleven with the format as below.

USDA Nondiscrimination Statement

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA.

Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English.

To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, (AD-3027) found online at: http://www.ascr.usda.gov/complaint_filing_cust.html, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by:

- (1) mail: U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410;
- (2) fax: (202) 690-7442; or
- (3) email: program.intake@usda.gov.

If space is limited, such as on menus, the following statement may be used in lieu of the full statement but must be the same size as the message.

"This institution is an equal opportunity provider."

Iowa Nondiscrimination Statement Information

The following statement needs to be included on web sites, meal eligibility applications, and letters of notification.

Iowa Nondiscrimination Statement

"It is the policy of this CNP provider not to discriminate on the basis of race, creed, color, sex, sexual orientation, gender identity, national origin, disability, age, or religion in its programs, activities, or employment practices as required by the Iowa Code section 216.6, 216.7, and 216.9. If you have questions or grievances related to compliance with this policy by this CNP Provider, please contact the Iowa Civil Rights Commission, Grimes State Office building, 400 E. 14th St. Des Moines, IA 50319-1004; phone number 515-281-4121, 800-457-4416; website: <https://icrc.iowa.gov/>."