

West Hancock Community School

March 2020

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 BREAKFAST BOAT Hamburger / WG Bun Cheese Slice Wedges, Gr. Beans Mixed Fruit Milk	2 COMBO BAR Chicken Tenders Garden Rice Broccoli Florets Mandarin Oranges Milk	3 FR. TOAST STICKS Mc Rib / WG Bun WG Chips Seasoned Corn Pineapple Tidbits Milk	4 LON JOHN Pig in a Blanket Tri Tater Baby Carrots Diced Pears Milk	5 BREKFT PIZZA Lasagna Rolls Salad & Dressing Bread Sticks Peaches Milk	6	7
8 BREAKFAST BOAT All American Ck. Wrap Shell / Shrd. Lettuce /Shrd. Cheese Peas, Rice Pineapple Tidbits	9 OMELET Hot Dog (K-4) Coney Dog (5-12) Baked Beans Mixed Fruit, Jell-0 Milk	10 PANCAKE STICK Chicken Gravy over Whipped Potatoes Gr. Beans, Roll Rosy Applesauce Milk	11 DONUT Brd. Tenderloin/ Bun Oven Potatoes Peaches WG Cookie Milk	12 BREKFT. PIZZA Nachos w/wo meat Seasoned Corn Diced Pears Pudding Milk	13	14
15	16 <u>Spring Break</u>	17 <u>Spring Break</u>	18 FR. TAOST STICK Pepperoni Pizza Baby Carrots WG Chips Mandarin Oranges Milk	19 LONG JOHN Italian Chicken/ Bun Tri Tater Green Beans Mixed Fruit Milk	20 BREAKFT. PIZZA Shrimp or Popcorn Chicken Garden Rice Corn . Peaches Milk	21
22 BRKFT. BOAT Corn Dog Baked Beans Diced Pears Pudding Milk	23 COMBO BAR Salisbury Steak Whip Potatoes Beef Gravy Broccoli, Mix Frt. Milk	24 PANCAKE STICK Scallop Potato & Ham Green Beans Pineapple Tidbits Din Roll Milk	25 DONUT Brd. Chicken / WG Bun Tri Tater Peas Diced Peaches Milk	26 BREAKFT. PIZZA Garlic Cheese Pizza Salad & Dressing Applesauce Blue Rasp. Jell-0 Milk	27	28
29 BRKFT. BOAT Flying Saucer Baby Carrots Pineapple Tidbits Din Roll Milk	30 OMELET Meatball Sub F.F. Green Beans Mandarin Oranges Milk	31				
<u>This institution is</u>					<u>Menus are subject to</u>	
<u>An equal</u>					<u>change without</u>	
<u>opportunity</u>					<u>notice !</u>	
<u>employer.</u>						



USDA Nondiscrimination Statement Information

The Iowa Department of Education expects all informational materials (web sites, meal eligibility applications, letters of notification and elsewhere as applicable) used to inform the public about FNS programs to contain the full USDA nondiscrimination statement. At the minimum, the statement, or a link to it, must be included on the home page of the program information. It is not required to be on every page. The font size of the statement must be at a minimum eleven with the format as below.

USDA Nondiscrimination Statement

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA.

Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English.

To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, (AD-3027) found online at: http://www.ascr.usda.gov/complaint_filing_cust.html, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by:

- (1) mail: U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410;
- (2) fax: (202) 690-7442; or
- (3) email: program.intake@usda.gov.

If space is limited, such as on menus, the following statement may be used in lieu of the full statement but must be the same size as the message.

"This institution is an equal opportunity provider."

Iowa Nondiscrimination Statement Information

The following statement needs to be included on web sites, meal eligibility applications, and letters of notification.

Iowa Nondiscrimination Statement

"It is the policy of this CNP provider not to discriminate on the basis of race, creed, color, sex, sexual orientation, gender identity, national origin, disability, age, or religion in its programs, activities, or employment practices as required by the Iowa Code section 216.6, 216.7, and 216.9. If you have questions or grievances related to compliance with this policy by this CNP Provider, please contact the Iowa Civil Rights Commission, Grimes State Office building, 400 E. 14th St. Des Moines, IA 50319-1004; phone number 515-281-4121, 800-457-4416; website: <https://icrc.iowa.gov/>."