

# Local Wellness Policy Progress Report

School Name: West Hancock CSD

Wellness Policy Contact: Wayne Kronemann

Date Completed: May 13, 2019

## Nutrition Education and Promotion Goals

District Wellness Policy Goals	Contact Person	Fully in Place	Partially in Place	Not in Place	List steps that have been taken to implement goal and list challenges of implementation.	List next steps that will be taken to fully implement and/or expand on goal.
1. Provide students with the knowledge and skills necessary to promote and protect their health;	Steve Lansing (Fall 2019)	X			<b>HS-</b> Health and nutrition information is covered in Health classes (required) for all students. Curriculum follows established criteria in Chapter 12.	District- Work with Chelsea Scheuger to get pick a better snack back into the school. She will be looking at doing a grant so we can begin in the 2020-21 school year.
	Ruth Verbrugge	X			<b>MS-</b> All 5th through 8th grade students receive health instruction during health class or guidance time. 5th and 6th grade students also have Leadership lunch led by the ASAP alliance. The instruction includes topics in personal health, food and nutrition, safety skills, substance abuse and	Work with the group to find opportunities to work on child obesity.

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	Michelle DeHart	X			<p>nonuse, human sexuality, self-esteem, stress management, and interpersonal relationships.</p> <p><b>Elem-</b> Annual review of health curriculum provided at each grade level</p> <p>Review of health standards based on changes to science standards</p> <p>Utilize community organizations to promote healthy practices</p>	<p>Look for opportunities to increase usage of community organization to promote healthy practices</p> <p>Engage in healthy activities such as Live Healthy Iowa activities</p>