

March 2019

West Hancock Community School

	Mon	Tue	Wed	Thu	Fri	Sat
					1 BREAKFAST SANDWICH Pepperoni Pizza Breadstick / sauce Romaine Salad Seasoned Corn Rosy Applesauce	2
3	4 BISCUITS & GRAVY Rib Patty / WG Bun Lettuce & Tomato Oven Fries Mandarin Oranges Pudding	5 COFFEE CAKE Chicken Fajita Lettuce & Cheese Broccoli Florets Diced Pears Jell-O	6 BREAKFAST PIZZA Cheese Pizza Romaine Salad Seasoned Corn Cinnamon Apples	7 BELGIUM WAFFLES Ball Park Hot Dog Chili & Cheese (5-12) Green Beans Tater Tots Pineapple Tidbits	8 BREAKFAST SANDWICH Super Nachos Salsa Refried Beans Diced Peaches	9
10	11 BISCUITS & GRAVY Chicken Tenders Tri Tater Green Beans Applesauce	12 LONG JOHN Hamburger WG Bun Cheese Slice Hearty Baked Beans Baked Chips Mandarin Oranges	13 BREAKFAST PIZZA Flying Saucer Seasoned Corn Mixed Fruit Dinner Roll / PC Butter	14 FRENCH TOAST STICKS Popcorn Chicken Garden Rice Diced Peaches Peas	15 BREAKFAST SANDWICH Cheese Pizza Romaine Salad Baby Carrots Emerald Pears WG Cookie	16
17	18 BISCUITS & GRAVY Hot Ham / WG Bun Cheese Slice Tri Tater Crisp Baby Carrots Pineapple Tidbits	19 COFFEE CAKE Lasagna Garlic bread Stick Romaine Salad Seasoned Corn Applesauce	20 BREAKFAST PIZZA Maid Rite/ WG BUN Hearty Baked Beans Mandarin Oranges Jell-O	21 BELGIUM WAFFLES Chicken Gravy over Whipped Potatoes Garden Peas Diced Pears	22 NO SCHOOL	23
24	25 BISCUITS & GRAVY Swt. & Sr Chicken Nugget Garden Rice Green Beans Pineapple Tidbits	26 LONG JOHN Breaded Pork Tenderloin WG Bun Hearty Baked Beans Baby Carrots Mixed Fruit	27 BREAKFAST PIZZA Cavatini Garlic Bread Stick Romaine Salad Orange Wedges	28 FRENCH TOAST STICKS Crispy Chicken Patty WG Bun Lettuce & Tomato Garnish, Peas Pears & WG Cookie	29 BREAKFAST SANDWICH Super Nachos Salsa Seasoned Corn Diced Peaches	30
31	This institution is an equal opportunity employer.		Menus are subject to change without notice!		Skim flavored, unflavored & 1% Milk offered at Lunch & Breakfast.	



USDA Nondiscrimination Statement Information

The Iowa Department of Education expects all informational materials (web sites, meal eligibility applications, letters of notification and elsewhere as applicable) used to inform the public about FNS programs to contain the full USDA nondiscrimination statement. At the minimum, the statement, or a link to it, must be included on the home page of the program information, it is not required to be on every page. The font size of the statement must be at a minimum eleven with the format as below.

USDA Nondiscrimination Statement

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA.

Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English.

To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, (AD-3027) found online at: http://www.ascr.usda.gov/complaint_filing_cust.html, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by:

- (1) mail: U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410;
- (2) fax: (202) 690-7442; or
- (3) email: program.intake@usda.gov.

If space is limited, such as on menus, the following statement may be used in lieu of the full statement but must be the same size as the message.

"This institution is an equal opportunity provider."

Iowa Nondiscrimination Statement Information

The following statement needs to be included on web sites, meal eligibility applications, and letters of notification.

Iowa Nondiscrimination Statement

"It is the policy of this CNP provider not to discriminate on the basis of race, creed, color, sex, sexual orientation, gender identity, national origin, disability, age, or religion in its programs, activities, or employment practices as required by the Iowa Code section 216.6, 216.7, and 216.9. If you have questions or grievances related to compliance with this policy by this CNP Provider, please contact the Iowa Civil Rights Commission, Grimes State Office building, 400 E. 14th St. Des Moines, IA 50319-1004; phone number 515-281-4121, 800-457-4416; website: <https://icrc.iowa.gov/>."