

West Hancock Community School

October Menu

Milk Choice: includes a choice of non-fat flavored or unflavored & 1% unflavored milk.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 <i>Sweet & Sour Chicken Nuggets Garden Rice Pineapple Tidbits Savory Green Beans</i>	2 <i>Breaded Pork Tenderloin / WG Bun Macaroni Salad Crisp Baby Carrots Mixed Fruit</i>	3 <i>Super Nachos Lettuce & Tomato Refried Beans Salsa Diced Peaches</i>	4 <i>Crispy Chicken Patty w/ WG Bun / Pudding Lettuce & Tomato Seasoned Corn Rosy Applesauce</i>	5 <i>Cheese Pizza Bread Stick w/ sauce Romaine Salad Broccoli Florets Mandarin Oranges</i>	6
7	8 <i>Pig in a Blanket Roasted Potatoes Seasoned Corn Fresh Apple Slices</i>	9 <i>All American Chicken Wrap/ lettuce/ tomato Garden Peas Mixed Fruit WG Carnival Cookie</i>	10 <i>Spaghetti w/ sauce Garlic Bread Garden Salad Savory Green Beans Mandarin Oranges</i>	11 <i>Taco Salad Tortilla Chips / Salsa Red Pepper Strips Refried Beans Pineapple Tidbits</i>	12 <i>Turkey & Cheese Deli Sub Tri Tater Crisp Baby Carrots Diced Pears</i>	13
14	15 <i>Meatball Sub Ranch Potato Wedges Tossed Salad Diced Peaches</i>	16 <i>Oven Baked Chicken Drumstick / Rice Creamy Cole Slaw Crisp Baby Carrots Pineapple Tidbits</i>	17 <i>Rock & Roll Wrap Hearty Baked Beans Tomato & Cucumbers Orange Wedges Jell-O</i>	18 <i>Grilled Chicken Sandw Broccoli Florets Savory Green Beans Diced Pears</i>	19 <i>Pepperoni Pizza Bread Stick/ sauce Romaine Salad Seasoned Corn Rosy Applesauce</i>	20
21	22 <i>Rib Patty /WG Bun Lettuce & Tomato Sweet Potato FF Apple Slices WG Cookie</i>	23 <i>Ball Park Hot Dog/ bun Chili Cheese (5-12) Green Beans Tater Tots Mixed Fruit</i>	24 <i>Chicken Fajita Lettuce & Cheese Broccoli Florets Baby Carrots Diced Pears</i>	25 <i>Chicken Crispito Tortilla Chips/ Salsa Warm Cheese (5-12) Refried Beans Mandarin Oranges</i>	26 <i>Cowboy Cavatina Bread Stick Seasoned Corn Garden Salad Oranges Wedges</i>	27
28	29 <i>Hamburger / WG Bun Lettuce & Tomato Baked Chips Hearty Baked Beans Spiced Apples</i>	30 <i>WG Popcorn Chicken Garden Rice Pepper Strips & Cucumbers/ Peaches Rice Crispy Bar</i>	31 <i>Flying Saucer Seasoned Corn Mixed Fruit WG Bread & Butter</i>	<i>WG Chicken Tenders Tri Tater Green Beans Diced Pears</i>	<i>Sausage Pizza Bread Stick w/ sauce Romaine Salad Baby Carrots Pineapple Tidbits</i>	

We are an equal opportunity employer.

Menus are subject to change without notice!

All grain items are Whole Grain rich.

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